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|---|---------------------|--------------------------------|--------------------------|----|----|---------------------|---------------------------------|-------------------------|--|---------------------|---------------------|---------------------------------|----------------------|----------|----------|----------|----------|----------|-----------|-----|----|
| 1 | 1A_AUDUN LE TICHE | 1ère Journée 26.03.2022 | 1A_AUDUN LE TICHE | | | | 7ème Journée 24.09.2022 | 1A_METZ SABLON 1 | | | | 13ème Journée 15.10.2022 | 1A_CREUTZWALD | | | | | | | | |
| 2 | 1A_KNUTANGE | 1A_AUDUN LE TICHE | 1A_KNUTANGE | 26 | 10 | 1A_ALGRANGE | 1A_AUDUN LE TICHE | | | 1A_ALGRANGE | 1A_GUENANGE | | | | | | | | | | |
| 3 | 1A_ALGRANGE | 1A_ALGRANGE | 1A_METZ SABLON 1 | 20 | 16 | 1A_GUENANGE | 1A_KNUTANGE | | | 1A_AUDUN LE TICHE | 1A_CREUTZWALD | | | | | | | | | | |
| 4 | 1A_METZ SABLON 1 | 1A_GUENANGE | 1A_FLORANGE | 18 | 18 | 1A_CREUTZWALD | 1A_METZ SABLON 1 | | | 1A_KNUTANGE | 1A_FLORANGE | | | | | | | | | | |
| 5 | 1A_GUENANGE | 1A_CREUTZWALD | 1A_MAIZIERES/METZ 1 | 18 | 18 | 1A_FLORANGE | 1A_MAIZIERES/METZ 1 | | | 1A_MAIZIERES/METZ 1 | 1A_METZ SABLON 1 | | | | | | | | | | |
| 6 | 1A_FLORANGE | 2ème Journée 26.03.2022 | 1A_AUDUN LE TICHE | | | | 8ème Journée 24.09.2022 | 1A_METZ SABLON 1 | | | | 14ème Journée 15.10.2022 | 1A_CREUTZWALD | | | | | | | | |
| 7 | 1A_CREUTZWALD | 1A_KNUTANGE | 1A_METZ SABLON 1 | 20 | 16 | 1A_KNUTANGE | 1A_AUDUN LE TICHE | | | 1A_AUDUN LE TICHE | 1A_ALGRANGE | | | | | | | | | | |
| 8 | 1A_MAIZIERES/METZ 1 | 1A_AUDUN LE TICHE | 1A_FLORANGE | 20 | 16 | 1A_METZ SABLON 1 | 1A_ALGRANGE | | | 1A_KNUTANGE | 1A_GUENANGE | | | | | | | | | | |
| | | 1A_ALGRANGE | 1A_CREUTZWALD | 22 | 14 | 1A_FLORANGE | 1A_GUENANGE | | | 1A_METZ SABLON 1 | 1A_CREUTZWALD | | | | | | | | | | |
| | | 1A_GUENANGE | 1A_MAIZIERES/METZ 1 | 28 | 8 | 1A_MAIZIERES/METZ 1 | 1A_CREUTZWALD | | | 1A_MAIZIERES/METZ 1 | 1A_FLORANGE | | | | | | | | | | |
| | | 3ème Journée 25.06.2022 | 1A_ALGRANGE | | | | 9ème Journée 01.10.2022 | 1A_GUENANGE | | | | | | | | | | | | | |
| | | 1A_METZ SABLON 1 | 1A_FLORANGE | 10 | 26 | 1A_METZ SABLON 1 | 1A_KNUTANGE | | | | | | | | | | | | | | |
| | | 1A_KNUTANGE | 1A_CREUTZWALD | 22 | 14 | 1A_FLORANGE | 1A_AUDUN LE TICHE | | | | | | | | | | | | | | |
| | | 1A_AUDUN LE TICHE | 1A_GUENANGE | 28 | 8 | 1A_CREUTZWALD | 1A_ALGRANGE | | | | | | | | | | | | | | |
| | | 1A_ALGRANGE | 1A_MAIZIERES/METZ 1 | 30 | 6 | 1A_MAIZIERES/METZ 1 | 1A_GUENANGE | | | | | | | | | | | | | | |
| | | 4ème Journée 25.06.2022 | 1A_ALGRANGE | | | | 10ème Journée 01.10.2022 | 1A_GUENANGE | | | | | | | | | | | | | |
| | | 1A_FLORANGE | 1A_CREUTZWALD | 20 | 16 | 1A_FLORANGE | 1A_METZ SABLON 1 | | | | | | | | | | | | | | |
| | | 1A_METZ SABLON 1 | 1A_GUENANGE | 8 | 28 | 1A_CREUTZWALD | 1A_KNUTANGE | | | | | | | | | | | | | | |
| | | 1A_KNUTANGE | 1A_ALGRANGE | 6 | 30 | 1A_GUENANGE | 1A_AUDUN LE TICHE | | | | | | | | | | | | | | |
| | | 1A_AUDUN LE TICHE | 1A_MAIZIERES/METZ 1 | 24 | 12 | 1A_MAIZIERES/METZ 1 | 1A_ALGRANGE | | | | | | | | | | | | | | |
| | | 5ème Journée 10.09.2022 | 1A_KNUTANGE | | | | 11ème Journée 08.10.2022 | 1A_FLORANGE | | | | | | | | | | | | | |
| | | 1A_CREUTZWALD | 1A_GUENANGE | 16 | 20 | 1A_CREUTZWALD | 1A_FLORANGE | | | CLASSEMENT | 0 | Pts | G | N | P | F | + | - | GA | | |
| | | 1A_FLORANGE | 1A_ALGRANGE | 24 | 12 | 1A_GUENANGE | 1A_METZ SABLON 1 | | | 1 | 1A_AUDUN LE TICHE | 18 | 6 | 0 | 0 | 0 | 144 | 72 | 72 | | |
| | | 1A_METZ SABLON 1 | 1A_AUDUN LE TICHE | 10 | 26 | 1A_ALGRANGE | 1A_KNUTANGE | | | 2 | 1A_ALGRANGE | 16 | 5 | 0 | 1 | 0 | 136 | 80 | 56 | | |
| | | 1A_KNUTANGE | 1A_MAIZIERES/METZ 1 | 30 | 6 | 1A_MAIZIERES/METZ 1 | 1A_AUDUN LE TICHE | | | 3 | 1A_FLORANGE | 15 | 4 | 1 | 1 | 0 | 124 | 92 | 32 | | |
| | | 6ème Journée 10.09.2022 | 1A_KNUTANGE | | | | 12ème Journée 08.10.2022 | 1A_FLORANGE | | | | 4 | 1A_GUENANGE | 13 | 3 | 1 | 2 | 0 | 116 | 100 | 16 |
| | | 1A_GUENANGE | 1A_ALGRANGE | 14 | 22 | 1A_GUENANGE | 1A_CREUTZWALD | | | 5 | 1A_KNUTANGE | 12 | 3 | 0 | 3 | 0 | 104 | 112 | -8 | | |
| | | 1A_CREUTZWALD | 1A_AUDUN LE TICHE | 16 | 20 | 1A_ALGRANGE | 1A_FLORANGE | | | 6 | 1A_METZ SABLON 1 | 8 | 1 | 0 | 5 | 0 | 86 | 130 | -44 | | |
| | | 1A_FLORANGE | 1A_KNUTANGE | 20 | 16 | 1A_AUDUN LE TICHE | 1A_METZ SABLON 1 | | | 7 | 1A_CREUTZWALD | 7 | 0 | 1 | 5 | 0 | 94 | 122 | -28 | | |
| | | 1A_METZ SABLON 1 | 1A_MAIZIERES/METZ 1 | 26 | 10 | 1A_MAIZIERES/METZ 1 | 1A_KNUTANGE | | | 8 | 1A_MAIZIERES/METZ 1 | 7 | 0 | 1 | 5 | 0 | 60 | 156 | -96 | | |